



CLINICAL REASONING GUIDE

Patient
Initials

Age/Sex

Next Visit #

Medical Diagnosis

What is the referral? (ie. R TKA, cervical radiculopathy, patellar tendinitis, etc.)

Clinical/PT Diagnosis

What are YOU treating? (ie. joint hypomobility, soft tissue restriction, nerve root irritation, etc.)

Relevant Dates

Onset date/Surgery date/Chronic (years?)

MOI

How did it happen? Sudden/gradual? Unknown?

Diff Dx

List all the potential tissues at fault (try to list at least 5) and BE SPECIFIC (≠ muscle → name specific muscle) (≠ nerve → which nerve/roots)

Subjective

What relevant info did the patient tell you? How are symptoms described?

Objective

What are the patient's physical limitations? What measurements are not within normal ranges? What measurements are key to your diagnosis? What are you treating?

Key Priorities

- | | |
|----------------|--|
| 1.
2.
3. | What tests do you consistently check every visit? (ie. ROM, SLR, strength, irritability, etc.) |
|----------------|--|

Interventions

What interventions have been applied and how did the patient respond?
Did you perform a test/retest following each intervention?

Is the patient compliant with HEP? Is it manageable in size? Do they correctly perform it at home?

What barriers are there that limit progress?

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Are things going as expected? Why or why not?

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What could be different?

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Need more guidance?

Contact Pauline on [Instagram](#) @clinicalsprinkles or
Learn more about [Virtual Office Hour](https://clinicalsprinkles.com) at <https://clinicalsprinkles.com>

